

Alignment of OAE Health Assessment Framework with Ohio-specified Standards

This alignment study identifies the national and/or Ohio educational standards that are addressed in whole or in part by each competency of the assessment framework. An indication of alignment does not necessarily imply complete congruence of the content of an OAE test competency with the relevant standard. The information in this document is subject to change if revisions are made to the assessment framework. Any changes will fully supersede the information contained in this draft.

Competencies		Educational Preparation Standards		Ohio Educator Standards	Student Standards
Health (PK-12)		Centers for Disease Control and Prevention 2012 Health Education Curriculum Analysis Tool (HECAT)	American Association for Health Education 2008 NCATE Health Education Teacher Preparation Standards	Ohio Standards for the Teaching Profession	National Health Education Standards: Achieving Excellence (2007) American Cancer Society
<u>Personal Health and Wellness</u>					
0001	Understand the benefits of personal health and wellness practices and causes, characteristics, treatment, and prevention of illness and disease.	PHW	I	2	1
0002	Understand principles of nutrition; concepts and issues associated with healthy and unhealthy eating; and strategies and resources for fostering students' lifelong healthy eating habits.	HE	I, IV	2	1-8
0003	Understand principles, components, and benefits of health-related physical fitness and strategies and resources for fostering students' participation in lifelong physical activity.	PA	I, IV	2	1-8

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0004	Understand factors and conditions that affect mental and emotional well-being, appropriate ways to manage stress, and strategies and resources for fostering students' ability to maintain or improve mental and emotional health.	MEH	I, IV	2	1-8
0005	Understand sexual and reproductive health; characteristics, transmission, and treatment of sexually transmitted infections (STIs), including HIV; and strategies and resources for fostering students' ability to abstain from, avoid, and prevent sexual risk behaviors.	SH	I, IV	2	1-8
<u>Avoiding and Preventing Health Risks</u>					
0006	Understand health risks associated with tobacco and alcohol and other drugs, and strategies and activities for fostering students' ability to avoid, reduce, and prevent health risks related to tobacco and alcohol and other drugs.	T, AOD	I, IV	2	1-8

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0007	Understand principles for maintaining safety; factors and behaviors that influence, cause, and reduce violence; and how to foster students' use of safety, injury-prevention, and violence-prevention skills.	S, V	I, IV	2	1; 3-8
0008	Understand interpersonal communication and how to foster students' use of communication skills to maintain healthy relationships and enhance personal, family, and community health.		I, IV	2	4
0009	Understand the role of decision making in identifying, implementing, and sustaining healthy behaviors; factors that influence decision making; and how to foster students' use of decision-making skills to enhance health.		I, IV	2	5
0010	Understand the role of goal setting in identifying, adopting, and maintaining healthy behaviors; factors that influence goal setting; and how to foster students' use of goal-setting skills to enhance health.		I, IV	2	6

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<u>Health Education, Literacy, and Advocacy</u>					
0011	Understand types and characteristics of reliable health information, products, and services and how to foster students' ability to access, analyze, and select valid information, products, and services to enhance health.		I, IV	2	3
0012	Understand research and theories related to health behavior; the influence of family, peers, culture, media, technology, and other factors on health; and how to foster students' use of advocacy skills to enhance personal, family, and community health.		I, IV	2	2, 8
0013	Understand practices and activities associated with a coordinated school health program (CSHP) and a comprehensive health education curriculum, as well as how to plan and use instruction and assessment to develop students' health knowledge, skills, and behaviors.		I-VIII	1-7	